



Hackensack
Meridian Health
JFK Medical Center



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Meridian Health
JFK Johnson
Rehabilitation Institute

PDU-7 (01.16.2021)

PDU Update No. 7

Happy New Year to All! I trust that 2021 will bring us all a renewed sense of happiness and an end to COVID-19! It will be great to see everyone in person once this madness has run its course, but in the meantime, we have ZOOM to bring our voices and our images together.

Parkinson's Disease News

Being mindful of the attention that COVID-19 has been demanding of JFK, we are continuing to make strides in our battle against Parkinson's Disease.

ParkinSings has recorded an entertaining set of songs, LOUD CROWD just had 24 participants at Monday's session, Dr. Steven Markos has joined the staff and will be responsible for running JFK's new Inpatient PD Program, we are gearing up for Parkinson's month in April, Rock Steady Boxing continues to flourish in our virtual gym, and we are really looking forward to our fourth Moving Day New Jersey in the end of September. We actually raised \$106,877 in 2020. We did it virtually but the funds were very real! Thank you all for your support!

2021 VIRTUAL Support Groups

On January 18th at 4:05 pm we will begin our 2021 PD Support Groups. They will be conducted on the 3rd Monday of every month immediately following LOUD CROWD. Meeting ID: 851 6165 6872 Passcode: 932789 There are answers to all of your questions.

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For JFK's Comprehensive Parkinson's Disease Program, click on:

<https://www.jfkmc.org/services/the-neuroscience-institute/movement-disorders/parkinsons-disease->

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